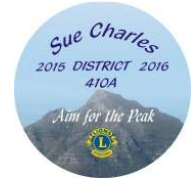




# DISTRICT NEWSLETTER 410A



**November 2015**

I'm sure most of you have friends from Gauteng and other regions who concede that whilst we live in the most beautiful part of the country, can never understand how we handle the changeable Cape weather. I experienced how quickly the weather can change when I made my last two Club visits for October.

The day I visited Wellington, accompanied by PCC Rashmi and Lion Sunita Kooverjee, the weather was absolutely perfect, a beautiful balmy evening, perfect for a drive into the country, where we were warmly welcomed by LP Retha and the Club members.



DG Sue with LP Jimmy and members of Gordons Bay



DG Sue with LP Retha, PDG James, PCC Rashmi and Lion Sunita

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DG Sue with Lions Shane and Debbie Deep South Club Branch

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The following day I drove, with 2<sup>nd</sup> VDG Geila, to Gordon's Bay, in a howling gale, I even lost a couple of shopping bags that took off when I opened my boot! Two very different Clubs, both doing outstanding service in their community.

Whilst the Newlands Club Branch Deep South is small, they are busy in the community and I enjoyed meeting some of the members when I visited them at the beginning of November.

The following day I enjoyed having the opportunity of chatting to Newlands Leo President Palesa and Secretary Lwandokazi, when I gave them a lift to the Leo Council meeting.



Unfortunately, Lion President Neville van Rensburg was away on business when, accompanied by Lion Les Salo (Kirstenbosch), I visited Moorreesburg. However, Neville's absence gave First Vice President Dries Ludick the ideal opportunity of conducting the meeting.



DG Sue with VP Dries and members  
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The half day, Mid-Year 'Food 4 Thought' Conference, held at the Portuguese Club, Milnerton, on Saturday 7 November 2015 and was attended by 170 Lions & Leos and approximately 30 guests.

I was caught off guard when Lion President Sundru of my home Club, Kirstenbosch, approached the podium, as he didn't feature on the programme. So, it was a total surprise to me when he presented me with a Melvin Jones Fellowship. I am very honoured to have my name included with the listing of all individuals at the International Headquarters.



DG Sue with LP Sundru and PCC Rashmi receiving her Melvin Jones fellowship



DG Sue with her Club members  
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It is imperative that we, as Lions, include the Leos in as many of our activities as possible, so with this in mind, we invited the Leos to use their artistic talent to decorate the tables with donated vegetables which in turn were given to a school feeding scheme. Delegates were asked to bring tins of food which will be distributed by the Leos to various food projects. We were fortunate to have two excellent guest speakers; Michelle Wridgeway on Diabetes Awareness and Jeremy Opperman, with his dog Gatsby, on SA Guide Dogs. Those present had the opportunity of meeting 'our' two black Labrador puppies, Leo and Melvin, who thoroughly enjoyed all the attention.



DG Sue with Leo or Melvin??



2<sup>nd</sup> DG Geila with Leo or Melvin?



The Leos with **Leo AND Melvin!**

The Conference concluded with the announcement of the top three Peace Poster Winners, two of whom were present to receive their prizes. See photos under DC Peace Poster.

The decision in 2014/2015 to restrict the Mid-Year Conference to half a day, seems to have paid off, as attendance both last year and this year has been far better than previous years. Thank you to the organizing team of Ann Barr and Liz & John Houston who ensured that everything ran smoothly.

Although it makes a long day, holding the 2<sup>nd</sup> Cabinet meeting back to back with the Mid-Year Conference has been a good call and resulted in an almost full house.

The following Tuesday, accompanied by 2<sup>nd</sup> VDG Geila, I visited the Lions Club of Tableview, where I was given the very important job of cutting the birthday cake.



DG Sue with LP Liz

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The day after, I was invited to induct 11 young ladies into the Leo Club of Newlands. How fortunate we are to have young people interested in giving back to the community, but, where are the GUYS??



DG Sue with the Leo President

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Then it was off to Tulbagh, accompanied by PDG Paula and PDG Jimmy. Although limited by the lack of WiFi reception, we managed to conduct some secretarial training before the Club meeting. Although they only have 11 members, the Club is extremely active in the community.



DG Sue, PDG's Jimmy and Paula with members of Tulbagh

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Milnerton took the bold move of changing their GBM to a Saturday breakfast meeting, which is proving popular with the members, particularly those who are reluctant to travel at night. This is a Club who thought 'out of the box' with positive results.



DG Sue with LP Nico & members

The publication, 'Your Club, Your Way' available for download on [lionsclub.org/resources/EN/pdfs/DA-YCYW.pdf](https://lionsclub.org/resources/EN/pdfs/DA-YCYW.pdf), gives Clubs ideas to customize their Club meetings.

'You have a choice... Your club has the freedom to structure club meetings in a way that best meets your members' needs. While many clubs value the traditions that have been passed down from generation to generation, it is good to know that most traditions are optional and members can choose to change the elements, frequency, and structure of their meetings to make the meeting more inviting and/or use new forms of technology to keep members connected and manage club business'. So I encourage you to use this guide to help assess meeting structure, level of formality and other elements and reinvent your meetings based on your members' personal preference.



DG Sue with LP Alan

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My last two Club visits were to two very different Clubs; Groote Schuur who, under the leadership of Lion President (and Zone 1 chair) Sharon Cottle, are very active.



DG Sue with LP Sharon & members

Please remember the **Worldwide Week of Service to Fight Hunger and Poverty (January 10-16)**. Show your commitment to service, and help LCI reach the Centennial Service Challenge goal of serving 100 million people, by planning a project impacting hunger and poverty in your community.

**Editorial: November 2015**

As the District Office will be closing from 21 December and will re-open on Monday 11 January 2015, the due date for submissions for the December newsletter will be 10 December.

The newsletter will be distributed before the end of the month. DG Sue has the right to edit articles and decide on what will be published (or not). All articles to be submitted in Word format to:

[romanfam@telkomsa.net](mailto:romanfam@telkomsa.net)  
Mike Roman

**Dept of Useless Information**

The "pound" key on your keyboard (#) is called an octotroph

There are no clocks in Las Vegas gambling casinos

In the Arctic, the sun sometimes appears to be square

Camel's have three eyelids



**1<sup>st</sup> DG Lance Maytham**

Hi All

Vanaf my laaste verslag, was hierdie maand taamlik bedrywig.

- Op Dinsdag 13 Oktober het Lions dame Rosemarie en ek Robertson Lions Klub besoek. Dit is fantasties om te sien hoe hulle met die vergadering meer en meer gemotiveerd raak.
- Wednesday 21 October was a trip to Gordons Bay Lions Club where 2<sup>nd</sup> VDG Geila and I accompanied DG Sue on her official club visit.
- On Tuesday 27 October I attended my first Webinar on 5 Ways to Boost Membership Satisfaction. I can really recommend this way of interaction to all Lions. Just go onto the LCI website, click on Member Centre and look under Resources to find the date of the next Webinar and the subject matter.
- On Monday 2 November we once again held our DG Team "GO TO MEETING" via our computers. Thanks to CC Rob for hooking us up.
- Saturday 7 November we had Mid Year Conference in the morning, thanks Ann and team for a great presentation and spread with the Cabinet Meeting in the afternoon. It was a long day, but well worth it.
- OP Maandag 9 November het ons 'n gebiedsvergadering op Gansbaai gehou. Baie dankie aan Boats en die Gansbaai lede vir 'n lekker kuier na die vergadering.

May you all continue to have satisfaction in service.



PDG Dennis Slade receiving his 55 year Long Service Award from 1<sup>st</sup> VDG Lance and DG Sue at Mid Year Conference.

CONGRATULATIONS, what a milestone!!!!

## 2<sup>nd</sup> VDG / GLT Leader – Geila Wills

For Lions Clubs - <http://members.lionsclubs.org/EN/clubs/index.php>

### Lions Member Center

Welcome to the **Lions Member Center**, where you have access to the resources you need to plan service activity projects, manage membership, lead your club or district and more.

#### Member Center Highlights:

- [Download Resources](#): Download the Lions clubs resources you need, including logos, publications, forms and Certificates of Insurance.
- [Watch Videos](#): See how Lions are making an impact around the world. Download videos to share at your next meeting or event.
- [Managing a Club](#): Find resources for club officers, including PR tools, planning guides, finance forms and more.
- [Strengthen Membership and Clubs](#): Get tips to help you start a new club, invite new members and manage club operations effectively.
- [Plan Lions Projects](#): Meet your community's needs by planning service activities focused on sight, youth, the environment and more.
- [Become a Lions Leader](#): Discover training resources and leadership development opportunities, including online courses and webinars.
- [Connect with Lions Online](#): Use our online tools to share your stories, photos and ideas — and network with other Lions around the world.

#### Also in Member Center:

- [Diabetes Awareness Month Project Ideas](#)
- [Lions Frequently Asked Questions](#)
- [Relieving the Hunger Project Ideas](#)
- [LCI Trademark Policies](#)

### Managing a Club

#### We Serve Where We Live

Lions are ready whenever and however our communities need us. Whether you're promoting your next club service project – or overseeing club finances – the following resources are available to help you manage your club.

- Access the [Club Resource Center](#) to download frequently used club forms, publications and information.
- Access training on how to be an effective club officer with [Club Officer Leadership Development](#).
- Use PR Tools to help [communicate your club's activities](#).
- Discover helpful resources you can use to [plan your next project](#).
- Report your service project on [MyLCI](#) to share its global impact.
- Get the [finance](#) information you need to manage club funds.
- Learn strategies you can use to [strengthen membership](#).

## Your Club, Your Way

The [Your Club, Your Way](#) guide will help you customize your club meetings to better suit the needs and lifestyles of your club members. It includes a simple, fun exercise to help determine which elements of your meeting to keep and what to change, as well as a process for phasing in change!



Please diarise these dates for your personal Leadership Development Programme:

	DISTRICT	TRAINING	DATE
Nov-15		NIL	
	DISTRICT	TRAINING	DATE
Dec-15		NIL	
	DISTRICT	TRAINING	DATE
Jan-15	x	<b>TRAINERS MEETING</b>	19 January 2016
	x	Z.C. meeting	25 January 2016
	x	Successful Project's Incl.: Service & Fundraising Ideas	28 January 2016
	DISTRICT	TRAINING	DATE
Feb-15	x	New Members	09 February 2016
	x	Leadership Bootcamp	20/21 Feb 2016
	DISTRICT	TRAINING	DATE
Mar-15	x	<b>TRAINERS MEETING</b>	01 March 2016
	x	Presentation Skills Bootcamp	05 March 2016
	x	Namblan Clubs Training	TBC
	DISTRICT	TRAINING	DATE
Apr-16	City/Far Far Country	Z.C. Meeting	11 April 2016
	x	New members Bootcamp	12 April 2016
	x	Successful President	16 April 2016
	x	Successful Treasurer	16 April 2016
	x	Successful Secretary	16 April 2016
	x	Successful Membership	16 April 2016
	x	Successful 1st VP	16 April 2016
	DISTRICT	TRAINING	DATE
May-16	Near/ Far Country	Successful President	14 May 2016
	x	Successful Treasurer	14 May 2016
	x	Successful Secretary	14 May 2016
	x	Successful Membership	14 May 2016
	x	Successful 1st VP	14 May 2016
	x	New Members Bootcamp	11 May 2016
	x	<b>TRAINERS MEETING</b>	16 May 2016
	x	Membership via Leadership	TBC
	DISTRICT	TRAINING	DATE
Jun-16	x	New Members Bootcamp	06 June 2016

## Membership .....The Heart of our Organisation!

PDG Paula Lang

End of Fiscal Year June 2015: 840 Members  
End of October 2015: 857 Members  
YTD increase of 17 members.....  
**October Month Added 14 members,dropped 10 members**

**Congratulations to the following new Members that were inducted in October 2015: Welcome to Lions District 410A: Wishing you all many special service moments!**

### **DURBANVILLE**

MALCOLM THOMAS

Sponsor: KEITH MICHAEL SHAW

### **FRANSCHHOEK**

DEAN JONES

Sponsor: LUDWIG MASKE

### **FRANSCHHOEK**

CHRISTIAAN COENRAAD NICHOLAAS

Sponsor: WAYNE BUCKLEY

### **FRANSCHHOEK**

KEÄN MASKE

Sponsor: ANDREW SCHMIDT

### **GORDONS BAY**

MICHELE PRETORIUS

Sponsor: PAULA LANG

### **HELDERBERG**

HEATHER TALJAARD

### **KIRSTENBOSCH**

GAIL RAIZENBERG

Sponsor: ANDRE RAIZENBERG

### **MALMESBURY**

CARINE BEZUIDENHOUT

### **MALMESBURY**

COENRAAD H BEZUIDENHOUT

### **NEULANDS**

RITA DAVIDS

Sponsor: BERYL SIMPSON

### **NEULANDS**

DESMOND KOOPMAN

Sponsor: RUTH SNYDERS

### **NEULANDS**

KARL PETERSEN

Sponsor: RUTH SNYDERS

### **TYGERBERG HILLS**

ALCYONE JANET MANTZ

Sponsor: ELVID EBBING

### **WINDHOEK ALTE FESTE**

ELISABETH ANNA MARIA ROERKOHL

Sponsor: LOTHAR ROERKOHL







## Lions Clubs International **FOUNDATION**

LCIF CHAIRPERSON – IPDG MOIRA THERON

LCIF has earned its **fourth consecutive 4-star rating** from Charity Navigator for its effective fiscal management and its commitment to accountability and transparency. Receiving four out of a possible four stars indicates that LCIF adheres to good governance and other best practices that minimize the chance of unethical activities and consistently executes its mission in a fiscally responsible way. This means you can be confident that your [donations](#) to LCIF are being used in support of the programs for which they are intended.

***On behalf of Lions Clubs International Foundation (LCIF) it gives me great pleasure to share with you, the financial outcome of the LCIF donations that were pledged at the Mid Year “Food for thought” Conference held on Saturday 07 November 2015, a total of ± R49,565 was received adding to the total donations received this current year to date giving a total of ± R63,225.***

For this I thank those clubs that gave so generously.

An international refugee crisis is unfolding before our eyes, and Lions and LCIF are taking action. Your charitable gift to Lions Clubs International Foundation enables compassionate humanitarian service around the world.

I promoted **Ask One** for membership last year, but that idea also applies to LCIF. This is OUR foundation. Every one of us is responsible for its growth and success. We need to make sure every Lion knows about our foundation.

I challenge each of you to ask one Lion to [make a gift to LCIF](#) this year. We are our own biggest advocates! Speak to your fellow Lions about what LCIF means to you and the impact it makes on millions of lives around the world every year.

**Honour Roll:** The LCIF Honour Roll recognizes individuals who donate US\$100 or in whose name a donation was made. Recipients receive an Honour Roll Certificate and their names are added to the Honour Roll at International Headquarters. Clubs may consider their club President for the Honour Roll or clubs may get together and consider their Zone Chairperson.

**District Certificate of Appreciation:** Districts in which every club donates to LCIF in a fiscal year receive a Certificate of Appreciation. The District Governor and LCIF District Coordinator also receive a certificate.



November is International Diabetes Awareness month with 14<sup>th</sup> November recognized as International Diabetes Awareness day. To mark the day, and to highlight the plight and increase of the number of Diabetics of all ages, Zones one, two and three have taken up the challenge to promote this frightening medical condition. Those of us who attended Mid Year Conference were privileged to hear the heartfelt account of a mother who has to deal with her young son's diabetes 1 highs and lows every day and how she, as an educated and enlightened person had to learn so much in order to cope every hour of every day . She reported, so honestly, what she didn't know and how difficult it is to learn in order to keep her son well . How difficult it must be for those who are not educated and do not know. We Lions have a duty to create an awareness and promote healthy living for diabetics of all ages and types.

Zone Chairmen Sharon ( Zone 1), Cyril ( Zone 2) and Rocky (Zone3) have joined hands to have a Strides Walk for Diabetes awareness and the first walk was held on the Sea Point Beach Front with representatives of many clubs in the zone participating, walking while interacting with the public We handed out flyers about diabetes and information about the main walk to the community and created a buzz .

The main event was planned for the 28<sup>th</sup> November at the Tokai Forest commencing in the grounds of the Cape Academy of Maths and Science, Firgrove Way Tokai. Due to unforeseen problems, this event has been postponed to early next year. All Lions in any zone will be welcome to join in this event. We will also encourage community participation. Watch this space for further information!



Lions and family members from Zone 1



## **DC Sight Awareness – PDG Pierre Theron**

“Lions Recycle for Sight” is one of the many global projects of Lions Clubs International “Sight First” programmes.

### **WHO WE ARE:**

**Lions Operation Brightsight**, a project of Multiple District 410 – Southern Africa, was established in 1976, when it was realized that many underprivileged sight impaired citizens were in desperate need to obtain spectacles at minimal cost.

Subsequent investigations proved that this could be fulfilled initially by the collecting and recycling of pre-owned spectacles after they had been graded. The demand for such low-cost spectacles was so immense that by 1978 Lions Operation Brightsight had developed from a relatively unsophisticated operation into a professional service.

**Today, Lions Operation Brightsight operates with supporting trained professional personnel (Optical laboratories, optical dispensers, voluntary optometrists etc.) and modern computerized and electronic equipment.**

It also enjoys the support of various associations e.g. the South African Optometrist Association, Retina SA and the South African Council for the Blind.

**Lions Operation Brightsight has recently relocated to new premises in the Benoni, Gauteng area. There it processes the received scripts and distributes the completed recycled spectacles frames with newly fitted 100% prescription lenses countrywide and beyond the neighbouring borders.**

### **WHATWE DO:**

Lions Operation Brightsight receives pre-owned used spectacles in great numbers,

Such spectacles are generally received from:

Lions Clubs, Optometrists, Pharmacies, Private Individuals.

**Lions Operation Brightsight dispenses these recycled spectacle frames fitted with 100% prescription lenses at a nominal cost to needy persons on receipt of their prescriptions.**

These prescriptions which originate from:

Hospitals, Clinics, Social Workers, Various Organisations and Institutions are normally sent to us by the Lions Clubs countrywide,

### **How can you help:**

- 1: Assist Lions Clubs, when necessary, to organize or co-ordinate Eye-screening clinics**
- 2: Sponsor spectacles for the economically disadvantaged**
- 3: Support your local Lions Clubs projects in your community.**

**MDC Yolanda de Jager - Peace Poster**



**Congratulations to the following clubs – for their winning entries.**

**Newlands Lions Club for their 1<sup>st</sup> prize winner of R2000.00 from the Springfield Convent School – Emma Hall.**

**De Grendel Lions Club for their 2<sup>nd</sup> prize winner of R1000.00 from the Edgemean Primary School – Anoushka Smith.**

**Ceres Lions Club for being the 3<sup>rd</sup> prize winner of R750.00 from the Annalie Wesson Art School – Maretha Engelbrecht.**

**The learners also won prize money for their art class at their respective schools / art school.**

**Clubs who Participated :-** Bergvliet, Ceres, De Grendel, Da Gama Br., Gordons Bay, Houtbay, Kirstenbosch, Merriman, Moorreesburg, Newlands, Sea Point, Tableview, Tokai, Worcester and the De Tyger Leos Club.

Clubs enthusiastically participated in this year's peace poster contest and dedicated their time in going to schools and getting art teachers to get the learners involved – **thank you to all the clubs who participated in our “Share Peace” Contest.**

Peace Poster Prize giving took place at our Mid – Year Conference on 7<sup>th</sup> November 2015.

**11 x Merit award certificates –**

Justin Mudimbu – West Riding Primary School sponsored by Tableview Lions Club

Sara Khan – Springfield Convent School sponsored by Newlands Lions Club.

Jenna Bradford – Springfield Convent School sponsored by Newlands Lions Club.

Sibulele Matose – Vukukhanye Primary School sponsored by the Hout Bay Lions Club.

Lonwabo Mhambi – Zonnebloem Primary School sponsored by the Kirstenbosch Lions Club.

Andrea Wolhuter – Worcester Primary School – Worcester Lions Club.

Robyn Adams – Kirstenhof Primary School – Tokai Lions Club.

Stella Bruwer – Springfield Convent School sponsored by the Newlands Lions Club.

Duncan Greyling – Bergvliet Primary School sponsored by the Bergvliet Lions Club.

Mieke van der Merwe – Gordons Bay Primary School sponsored by the Gordons Bay Lions Club.

Daniella Kitshoff – Dirkie Uys Primary School sponsored by the Moorreesburg Lions Club.

**R1000.00 for Essay Competition** – we have one Essay from the Athlone School for the Blind which has been entered by PDG Jimmy Lang from Gordons Bay Lions Club – this will also be sent to Lions Clubs International for judging in 2016.

The MD judging will be taking place in **PE on 28th November 2015** – clubs will be advised of the winner on Monday 30<sup>th</sup> November whereby the winning poster will be sent to Lions Clubs International for the final stage of the contest.



**First Place**



**Second Place**



**Third Place**

## **MDC Yolanda de Jager - Services for Children**

### **Highlighting a few activities –**

**Brackenfell Lions club** This is to confirm and announce that the LEOS won the FOOD FIGHT COMPETITION fair and square – they used their initiative and raised funds specifically for this project in a popular pub that is currently giving these young folk tremendous support. Beside this, the LEOS used various other tactics to bring in the volumes – one of them being their recent quiz where part of the entry was an item of non-perishable food which was added to their stash. In the end, the LEOS weighed in at 1045kgs against the LIONS' 753 or thereabouts – the detail is not important. The ultimate winners here are all the feeding schemes each club is associated with. Each club had their collection returned to them to feed their communities – there was some bartering going on afterwards as well – it was a great occasion. The concept is excellent and will not stop here – the LEO leadership has shared their bigger plans with me. The plan is huge and will bring new challenges to all participants. Thank you to all the participating clubs, both on the Lions and the Leos side, thank you to the Milnerton club for hosting the event and thank you to those Lions and Leos who made this event possible by attending on the day – SERVICE was the winner today. Once again CONGRATULATIONS to the Leos who now have now have bragging rights until the new challenge is set – as the co-ordinator of the losing side, I will attend to this early in 2016.

**Cape Town Lions Club** - Once a month a local school collects sandwiches which we deliver to an Educare in Brooklyn.

**Bergvliet Lions Club** - Club made up 18 Pamper Packs for destitute new born babies. Each pack contains toiletries, nappies, blanket and clothing for the baby.

**De Grendel Lions Club** - Lion Fatima bought groceries for a safe house (Children) in the Monte Vista area.

**Durbanville Lions club** - The club provides fresh fruit to a class of children at the Muelenhof School for under privileged children - A Club member teaches mathematics to underprivileged children 4 times a month.

**Gansbaai Lions Club** - Toiletries for Mispa School & Elim value R1250,00, Toiletries for elderly lady (Herberg aan See) value R150,00, Food Hamper for needy value R270,00, Birthday cake for elderly value R50,00, Okkie Smuts Boarding School R500,00, Marietta donate a bag of clothes to needy lady value R2000,00, Children's dignity week - hot dogs, chips & cool drink for 48 foster children and 38 foster parents hamburgers & chips value R3100,00.

**Gordons Bay Lions club** - On Friday 4th September 50 children at the Sir Lowys Pass Village crèche Milas Angels received a healthy meal, sponsored and served by the members of the Gordons Bay Lions Club. The small Education Development Centre run by Cemelia Malan is caring for children from baby age, she is trying to get as many children as possible away from the streets, teaching basic skills and preparing them for a life of dignity and respect.

**Grootfontein Lions Club** - Background: This group of Bushmen were sponsored by Lion Peter Wolf some years ago. They have 2 erven in Blikkiesdorp – the poorest part of Grootfontein's "location". There are about 10 families that live on the erven. We visited the group 2 years ago.

What a sad experience! They were just breathing with no hope and no ambition. The area was dirty and the men drunk. They did nothing for themselves to try and have a better living or generate an income. They only waited for charity. I was very upset and said to Linda Pretorius, from Hearts, Hands & Voices, that if they do not help themselves, it is a waste of time and energy to help them. You do not really help them, you only encourage their sad way of living, as they know that she will provide food and clothing. Currently... I visited the group at the beginning of June to distribute the last of the blankets of our Snowball project which was held on May, 9th 2015. What a surprise! There was a 100% change! It was clean and there was so much progress that I were astound! One of the ladies was in charge of the group. She sends out a ray of joy and she was happy. The ladies started with needlework and had some completed But, one problem stood out like a pole above water .... The children had no winter clothing. Our club did receive a donation of clothing, but it was all summer T-shirts and socks. We needed winter clothing. We sold some of the goods, but the funds raised, were not enough as we had to provide for +- 40 children. One of our former members, who was called to higher service.

**Henties Bay Lions Club** - visited a home where disadvantaged children are looked after. We donated 8 blankets to keep the little ones warm in our cold weather. Upon our visit, we noticed that we could help in many different ways. We shall make this one of our projects to provide food and clothing for the little ones.

**Hout Bay Lions Club** - Youth Organisations: Liz is looking for someone to fix a tap at Noluthando crèche. Francis said he would take a look. Attended Child & Safety Forum covering truancy and youth offenders. The epileptic child currently at Best Buddies will be unable to go into a main stream school and also needs to have medication checked.

**Kirstenbosch Lions Club** - Opening of Bokmakierie Library - Services for Children and Youth - education / language / literacy / book collection / book distribution (youth).

**Malgas Lions Club** - Donate 185 jerseys to disadvantaged children at a school.

**Milnerton Lions Club** - Assisting the Leo's to create a fun day for mentally impaired kids and adults.

**Newlands Lions Club** - The red bus outing for 6 children to Table Mountain and Hout Bay.

**Sea Point Lions Club** - We served hot dogs at the Alex 1 - 1 – assisted the Leos.

**Swakopmund Lions Club** - Testing and Screening of grade 1 learners. Assisted by Optometrists. Club will financially assist with spectacles to those who is in need.

**Tableview Lions Club** - Delivered Cot and baby clothes, also food to **Orion - Wilge**

**Tokai Lions Club** - Distribution of Baby Packs to MOU's. Cost of Baby Packs delivered R6 000.00.

**Tygerberg Hills Lions Club** - has "Adopted" a Crèche in a disadvantaged area and is supplying the children with sandwiches and other necessities on a weekly basis.

**Windhoek Lions Club** - On every Friday we deliver a cake to every child who had its birthday that week.

**Worcester Lions Club** - The Worcester Lions Club have completed their peace poster project.

The clubs are encouraged to do a service / project for children who are needy so that we can make a difference in the lives of these children.

I also take the opportunity to thank all clubs in our district who are actively part of the services for children's campaign.

Clubs are also reminded to make sure that they place their services for children under the correct category on the "activities" website page. Should clubs let me know in advance that they will be doing a services for children project I will do my best to attend and also assist. Thanks so much for making the difference in the lives of many children.

## LEOS

### Pint for a Purpose:

One pint can change the world. Pint for a Purpose is a Beerhouse initiative that aims to develop their social responsibility in the greater Cape Town area. The concept is simple: Local Breweries donate Kegs to Beerhouse. Beerhouse sells this beer to the public on the special Pint for a Purpose tap and 100% of the profits go towards community development projects. Pint for a purpose works in cycles every three months, an estimate of R10 000 gets generated in the three month period.

The Leo District is the proud partner of Pint for a Purpose being the organisation that takes the Pint for a Purpose money and ensures that this money gets used in the most effective way in the communities. Our partnership has already done a soup kitchen project at the District 6 night shelter, some of the money was used in aid of the Food Fight – which went to our beneficiaries.

The Leo District has been lucky enough to have the emblem put onto all the marketing posters and social media posts. Beerhouse has also updated their coasters and have put the Leo emblem advertising us as their official partner.

This is such a wonderful opportunity for our organisation in partnership with one of Long Street's most popular bars. The biggest struggle being a Leo is to not have funding for our projects and now with Pint for a Purpose our big dreams can become a reality.

Upcoming we are sending 40 children to the District Christmas party and plan on having an eye screening early next year.

With Beerhouse being in Cape Town and Johannesburg at the moment – we have our very own Leo Llewaine taking over Johannesburg Pint for a Purpose in partnership with the surrounding Lions Clubs.







## District 410A

# "Green Living" November 2015



### Paper Banks

Mpact Recycling is part of the Mpact Group and has a long heritage of sustainable recycling solutions. They offer a number of solutions to recycle waste paper quickly, easily and in an environmentally responsible manner and they need your paper!

#### How you can help:

- 1) Motivate your local school to get involved and get teachers, learners & parents to bring paper to raise funds for the school and as an educational initiative;
- 2) Help raise funds for your school and improve awareness whilst greening your community.

#### Benefits of recycling:

- A) Mpact Recycling is the leading collector of recovered paper in SA and collects upwards of 457,000 tons per year;
- B) All of this paper is used in the manufacture of recycle-based paper and packaging—reducing the reliance on virgin fibre;
- C) The input of recovered paper has a positive impact on climate change such as reducing greenhouse emissions and preventing the incineration and landfilling of recycled paper;
- D) Recycling work also provides jobs for around 100,000 people in SA many of whom are entrepreneurs and small business owners that rely on sustained volumes of recycled material to earn a living.

#### How does the process work?

**Step 1:** Register your school with Mpact Recycling by completing various forms;

**Step 2:** Send these forms back to Angela Raynardt on araynardt@mpact.co.za ;

**Step 3:** Angela will sign you up and start you off with a Ronnie Bank which holds 350-500kgs when full!

An active paper drive is put in place encouraging teachers, parents, learners and members to bring paper from home on a weekly basis as a fundraising project. The bank must be located in a place which allows easy access for a 16-ton vehicle for collection purposes.

*PS: If a Ronnie Bank stands empty for 3 consecutive months, it will be removed!*

**Step 4:** Once all your documentation has been received and loaded onto their system, you will receive a welcome letter giving you your supplier name and code. These details are used for requesting a collection and any other queries.

**Step 5:** Start your paper drive collection today!!

#### What they DO take:

- \* Any form of paper;
- \* Old memos/letters;
- \* Photocopying paper;
- \* Newspapers;
- \* Magazines;
- \* Telephone directories;
- \* Books;
- \* Windowless envelopes;
- \* Cardboard boxes (flattened and placed next to the Ronnie Bank)



#### What they DON'T take:

- \* Polystyrene cups & plates;
- \* Paper cups & plates;
- \* Yoghurt cartons;
- \* Sweet/chip wrappers;
- \* Blue print paper;
- \* Cigarette ends;
- \* Carbon paper;
- \* Tissues & paper towels;
- \* Post-it notes;
- \* Waxed cartons (frozen fish cartons)



# Happy Recycling!

DE liz

## Club News



### Wellington Lions Club

#### A day in the Country

Presented by Wellington Lions Club on the 1<sup>st</sup> November 2015.

This social called “Your Potjie Day” by so many of our regular visitors takes place once a year somewhere in the vicinity of Wellington. This year was the 7<sup>th</sup> time that this has taken place - the day was blessed with pouring rain – so badly needed – but we still had a fun day and from the feedback that we are getting from the clubs they really enjoyed the day and the food.

This event was started to make use of the unused fresh meat that we had left over after serving plus minus 400 senior citizens on a “Braai”. It is such a nice social day and the members of the Wellington Club thoroughly enjoy the fellowship because so many times we only get together to work either at a Fundraising or Service project. The attendance is growing and we had 88 Lions on this day and we shall strive to make it even better and we hope that as the word spreads we will have more Lions and their friends and family next year making this one of the biggest social events in 410A.

